1.0 PURPOSE OF POLICY

1.1 To promote an understanding of physical activity and movement, food and nutrition, health, safety, human development and human relations.

2.0 PRINCIPLES

2.1 Education in the Health and Physical Education areas should assist students:
- to develop skills and knowledge to maximise their physical, mental, emotional and social well being;
- to consider the rights, beliefs and needs of others;
- to develop interpersonal skills to co-operate with other people;
- to understand the importance of personal contribution to one's community;
- to develop competence and confidence.

3.0 HOW THIS POLICY WILL BE PUT INTO PRACTICE

3.1 The school will offer a broad evolving curriculum encompassing the dimensions of the Health and Physical Education Dimension

3.2 In developing programs teachers will be conscious of the learning outcomes as stated in the AusVELS documentation and Australian Curriculum Guidelines

3.3 Active participation and personal experience will be encouraged.

3.4 Teachers will use a variety of teaching strategies and learning activities.